MMBC Packaging and Printed Paper Recycling Program: Consolidated List of Accepted Materials

PAPER RECYCLING

Please recycle:	Do NOT include:	Please remember to:
 ✓ Newspapers, inserts, flyers, catalogues, magazines, telephone books ✓ Household paper, paper gift wrap, greeting cards ✓ Corrugated cardboard ✓ Boxboard/cardboard boxes ✓ Molded boxboard, e.g., egg cartons, beverage carry-out trays ✓ Paper bags that have single and multiple paper layers; if multiple layers, can include a plastic layer, e.g., for pet food, flour ✓ Shredded paper ✓ Paper towel and toilet tissue cores 	 × Plastic bags used to cover newspapers/flyers × Rubber bands × Hardcover or paperback books × Paper towels, napkins or tissues × Non-paper gift wrap, e.g. foil, ribbons or bows × Musical greeting cards with batteries × Padded envelopes × Boxes with wax coating, e.g., grocery shipping boxes × Bags with a foil layer, e.g., for cookies and some pet food × Boxes with a foil lining 	 Place newspapers, inserts and flyers loose in recycling container, not inside plastic or paper bags Flatten large corrugated boxes and tie in bundles no larger than 8" thick (20 cm) X 30" wide (78 cm) X 30" tall (78 cm); staples and tape accepted; place beside boxes/inside cart Empty boxboard boxes of leftover food and plastic/paper liners; flatten boxes and place directly into the collection container, not inside a cardboard box Remove plastic wrap from cardboard flats Tie shredded paper firmly in a clear plastic bag (no opaque, coloured or black bags) No multi-layer bags with a foil layer

CONTAINER RECYCLING

Please recycle:	Do NOT include:	Please remember to:
 ✓ Paper hot and cold beverage cups, milk cartons, aseptic boxes and cartons, e.g., soups, sauces,; frozen dessert boxes, e.g. ice cream ✓ Microwavable bowls and cups ✓ Metal cans and lids ✓ Aerosol cans and caps ✓ Spiral wound paper cans and lids, e.g. frozen juice concentrate ✓ Aluminum foil wrap, aluminum take-out containers ✓ Plastic bottles, jugs and jars with caps and lids ✓ Plastic clamshells, e.g., for baked goods, fruit, eggs; trays and tops; tubs and lids ✓ Plastic cold drink cups and lids ✓ Plastic garden plant pots and seedling trays ✓ Plastic pails less than 25L, e.g., for laundry 	 × Glass, plastic film or plastic foam containers × Straws, non-paper insulating wraps × Foil-lined cardboard take-out containers and lids × Microwavable bowls with metal rims × Propane tanks or cylinders; × Steel or plastic paint cans × Bottles for motor oil, vehicle lubricants, or antifreeze products × Pails for lubricants and oils × Aerosol cans with any contents remaining × Coat hangers, pots, pans, baking trays × Metal or plastic toys × Appliances; hardware or other scrap metal; 	 Empty and rinse containers; labels OK Put metal lids inside cans and squeeze slightly Remove caps, pumps and lids; place loose in container box Take deposit beverage containers to Return-It Depot for refund

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detergent, pet food, ice cream, etc.	wiring, metal cords or extension cords	
	Chip or foil bags, foil wrap with paper, e.g., for	
	butter or cigarettes, stand-up pouches	
	× Liquid absorbing pads, kitchen stretch wrap or	
	plastic wrap for meat, poultry, fish or cheese	
	× Blister packs, e.g., plastic/foil protective	
	packaging for chewing gum and pills or	
	plastic/paper packaging for batteries,	
	toothbrushes, etc.	
	× Packaging labelled biodegradable or	
	compostable	
	 Ceramic pots, lawn edging, tarps, plastic 	
	furniture, garden hoses, string or rope	
	For information about how to dispose of the above	
	materials, call the RCBC Hotline 1-800-667-4321 or	
	check Recyclepedia	

GLASS BOTTLES AND JARS RECYCLING If collected curbside, not commingled with paper and containers in single stream or with containers in multi-stream

Please recycle:	Do NOT include:	Please remember to:
✓ Clear and coloured non-deposit glass bottles and jars	 Drinking glasses,; dishes,; cookware,; whole or broken window glass or mirrors,; ceramic products 	 Empty and rinse containers; labels OK Recycle lids; place loose in container recycling box Take deposit beverage containers to Return-It Depot for refund

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RECYCLE AT DROP-OFF DEPOTS ONLY: Plastic bags and overwrap, plastic foam, and glass if it is not included in curbside program

PLASTIC BAGS AND OVERWRAP

Please recycle:	Do NOT include:	Please remember to:
 ✓ Plastic bags for groceries, dry cleaning, bread, newspapers and flyers ✓ Bags for produce, pre-washed salad, dry bulk foods and frozen vegetables ✓ Outer bags for diaper and feminine hygiene products, paper towels, tissues, bulk paper products and soft drink can flats ✓ Bags for water softener salt, wood pellets and garden products ✓ Overwrap on mattresses, furniture and electronic equipment 	 Crinkly cellophane wrap, e.g. for tea, floral arrangements Kitchen stretch wrap or plastic wrap for meat, poultry, fish, cheese, etc. Zipper-lock bags, chip or snack bags Plastic shipping envelopes, bubble packaging Plastic bags labelled biodegradable or compostable Multi-layer, laminated plastic packaging, e.g. for bacon, deli meats, cheese slices, etc. Lumber or construction wrap Garbage bags (all colours) 	 Empty bags of paper receipts and food residue Cut off or remove metal grommets, rope drawstrings and non-plastics items from plastic bags Stuff into one bag and tie firmly

PLASTIC FOAM

Please recycle:	Do NOT include:	Please remember to:
 ✓ Plastic foam containers, trays for food ✓ cushion packaging used to protect electronics, small appliances, etc. 	 Liquid-absorbing pads Shrink wrap for meat, poultry, fish, cheese, etc. Paper napkins Packing chips or peanuts or foam noodles Blue or pink foam board insulation 	 Remove labels, tape, paper and cardboard from foam cushion packaging Separate coloured and white plastic foam

GLASS BOTTLES AND JARS where not included in curbside program

Please recycle:	Do NOT include:	Please remember to:
✓ Clear and coloured non-deposit glass bottles and jars	 Drinking glasses,; dishes,; cookware,; whole or broken window glass or mirrors,; ceramic products 	 Empty and rinse containers; labels OK Recycle lids; remove from containers and deliver to depots loose Take deposit beverage containers to Return-It Depot for refund