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## Mayor's Message



Langley City Council acknowledged volunteers from community organizations along with various City of Langley Committee members at the annual Volunteer Appreciation Banquet last week. It was a great

celebration with many honoured guests, engaging and entertaining speakers, including the Volunteer Response guest speaker, Sandy Dunkley who told her story on how volunteering shaped her life. Today, I would like to take a moment to personally say "THANK YOU" to the hundreds of volunteers who continually contribute to our community. We are fortunate to have so many volunteers who continually give their time and energy to our community - you truly make a difference!

Looking ahead, 2017 will be an exciting year as Council will be revealing the new corporate brand, presenting the 2017 Financial Plan, and publishing the new 2017-2021 Strategic Plan as well as many other new initiatives...so stay tuned!

Sincerely,

Mayor Ted Schaffer

### Upcoming Community Events:

February 24th  
[Coldest Night of the Year](#)

February 25th  
[Shape Your World Amazing Race](#)



HOW ACTIVE ARE YOU? HELP THE FIGHT AGAINST OBESITY AND SEDENTARY LIFESTYLES IN YOUR COMMUNITY BY JOINING THE TIMMS COMMUNITY CENTRE CHALLENGE.

**"LET'S MOVE FOR A BETTER WORLD"**

**WHAT IS IT?**

KEEP TRACK OF YOUR PHYSICAL ACTIVITY BETWEEN  
**MARCH 13-31, 2017**

**WIN AS A COMMUNITY:**

PRIZES AWARDED TO THE COMMUNITY WITH THE MOST TRACKED MOVEMENTS

**WIN AS AN INDIVIDUAL:**

INDIVIDUAL DRAW PRIZES AWARDED TO PARTICIPANTS DAILY!



**REGISTRATION BEGINS MARCH 1!**

MARCH 13-31, 2017  
 TIMMS COMMUNITY CENTRE



**STRONGER YOU!**

LADIES ONLY



Ladies it's your time - time to become health educated, confident and STRONG! Participants will meet 3 times per week for four weeks with our certified personal trainer to meet specific goals.



Monday, Wednesday, Friday  
 February 20 - March 13  
 Level 1: 5:15-6:15pm  
 Level 2: 6:30-7:30pm



## Update on Metro Vancouver Water Supply Project

*Metro Vancouver has Delayed Project for One Week Due to Snow Removal Efforts*

**Langley, BC** – The Metro Vancouver pressure-regulating valve project on the Clayton-Langley Water Main has been delayed to allow Langley City staff to focus on snow removal efforts. The two-day operational field test that was scheduled for February 7-9 has been rescheduled to February 15 to 17, and Metro Vancouver valve project will now commence work on February 27 to March 2.

On February 27, 2017, the valve project, located at 196 Street and Fraser Highway, requires the water main to be shut off, which will temporarily affect the source of the City's water supply. Traffic in the area of 192nd and Fraser Highway & 196th, and Fraser Highway will be impacted intermittently during this time.

[View Public Service Announcement Online](#)

## Government of Canada Invests \$500,000 in Improvements to Penzer Park in Partnership with the City of Langley

*The Canada 150 Community Infrastructure Program (CIP 150) funding helps communities improve their local amenities, thus improving collective well-being in the society.*

**Langley, BC** – Penzer Park will receive a significant renovation in time for Canada's 150th Anniversary, with the Government of Canada's CIP 150 investment of \$500,000 in partnership with the City of Langley's contribution of \$800,000.

John Aldag, Member of Parliament for Cloverdale-Langley City, on behalf of the Honourable Navdeep Bains, Minister of Innovation, Science and Economic Development and Minister responsible for Western Economic Diversification Canada, made the announcement today at Penzer Park in Langley.



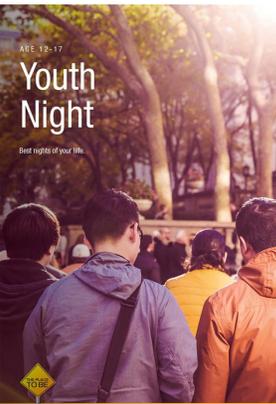
**FITNESS**  
**TABATA**  
Fat Blasting, Body Sculpting Workout

Mountain Climbers  
Jump rope  
High knees  
Star jumps  
Press ups  
Bicycle crunches  
Repeat  
Stretch

\*8 min. warm-up  
\*32 min. Tabata Training  
20 seconds maximum effort, 10 seconds rest  
8 rounds per circuit = 4 minutes  
8 circuits = 32 minutes  
\*10 min. CORE training  
\*10 min. Stretch & Cool-down

**TO BE**

**Mondays 3:15-4:15pm**  
Timms Community Centre  
4880 Timms Avenue  
Langley BC, Canada V3A 1W8  
(604) 219-2882 | CITY@LANGLEY.CA



AGE 12-17  
**Youth Night**  
Best nights of your life

Aerobic games, free food, good friends.  
Subways  
7:00pm  
Free with Games & Track Pass

**TO BE**

**Mondays 3:15-4:15pm**  
Timms Community Centre  
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Langley BC, Canada V3A 1W8  
(604) 219-2882 | CITY@LANGLEY.CA



AGE 12-17  
**Girls Night**  
No BS. Free food, look & therapy

Crafts, food, games, and good company  
Thursday starting January 5th  
6:30-8:30pm  
Free with Games & Track Pass

**TO BE**

**Mondays 3:15-4:15pm**  
Timms Community Centre  
4880 Timms Avenue  
Langley BC, Canada V3A 1W8  
(604) 219-2882 | CITY@LANGLEY.CA



AGE 12-17  
**Guys Night**  
Guy time in the best town

Sports, video games, free food, and more!  
Thursday starting January 5th  
6:30-8:30pm  
Free with Games & Track Pass

**TO BE**

**Mondays 3:15-4:15pm**  
Timms Community Centre  
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The Canada 150 Community Infrastructure Program is part of Canada 150 Celebrates, the Government of Canada's celebration of our country's 150th anniversary of Confederation. The 2016 federal budget provides an additional \$150 million over two years to Canada's Regional Development Agencies to deliver further community funding across the country, starting in 2016-17. The Western Economic Diversification Canada (WD) is responsible for administering the program in Western Canada. Through investments in community infrastructure, the Government of Canada will invest in projects that seek to renovate, expand and improve existing community infrastructure, with a focus on recreational facilities, projects that advance a clean growth economy, and projects with a positive impact on Indigenous communities.

[View Media Release Online](#)



## City Council has Approved Door-to-Door Canvassing in the City

City Council has approved door-to-door canvassing for representatives of World Vision within the City for a week in February and a week in March. World Vision will be canvassing City neighbourhoods between 9:00am and 8:00pm Monday through Saturdays and not on Sundays or Statutory Holidays. The canvassers have been asked to carry a permission form in case they need to authenticate the approval. Residents may also call to confirm the authority at 604.514.2800.



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City of Langley  
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