



Community-based delivery model

The people who provide Better at Home services – paid and volunteer staff from local non-profit agencies – are part of the very community they're assisting. In helping local seniors, they support a diverse, inclusive and vibrant neighbourhood for everyone.

The United Way role

United Way of the Lower Mainland supports seniors to age with dignity, and with money provided by the BC government, will manage the expansion of the Better at Home program in up to 60 communities across the province. It is one example of how United Way of the Lower Mainland supports seniors to remain independent, and prevents social isolation.

United Ways across BC work to make their communities better for seniors.

How to request services or to volunteer

All seniors living in a Better at Home community can apply for services. Simply contact the service provider below and someone will help determine which services are most appropriate for an individual's circumstances. You can also find out how to volunteer to help seniors live better at home.



United Way

www.betterathome.ca

We're giving seniors a hand.

Better at Home is a new program designed to help seniors remain independent at home.



Better
at **Home**

United Way helping seniors remain independent.



Recognizing a growing need

Seniors are an important and growing part of our communities, and their active involvement enriches everyone's lives. To ensure that seniors continue to play an active part in our communities, they often need support to live independently in their own homes, surrounded by friends, families and neighbours.

Better at Home helps seniors with simple day-to-day tasks, thereby helping seniors maintain their independence and stay connected with their community.

A range of non-medical home support services

The specific services offered by Better at Home reflect the different needs of each community. Examples include:

- » Friendly visiting
- » Grocery shopping
- » Housekeeping
- » Home repair
- » Snow shoveling
- » Transportation to appointments
- » Yard Work

Fees for Better at Home services are determined on a sliding scale based on an ability to pay. Some are offered for free.

Find information about a service provider on the back page and contact them for details on the range of services provided in your area.

